

WEILL CORNELL MEDICINE - MIDTOWN CENTER FOR TREATMENT AND RESEARCH
& EXPERIENCE CENTER GROUP SCHEDULE

COLOR KEY:

GROUPS HELD AT MIDTOWN TREATMENT CENTER	TOXICOLOGIES
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Time	Monday	Tuesday	Wednesday	Thursday	Friday		
9:00							
10:00							
10:30	Weekend Review 10:30-11:30 Allison	Identifying Triggers 10:30-11:30 Massiah	Life Skills 10:30-11:30 Massiah	Recovery 10:30-11:30 Jillian	Weekend Planning 10:30-11:30 Allison		
11:30	Toxicologies 10:00-10:30 Jillian	Toxicologies 10:00-10:30 Lauren	Toxicologies 10:00-10:30 Lauren	Toxicologies 10:00-10:30 Massiah	Toxicologies 10:00-10:30 Allison		
12:00	Wellness 12:00-1:00 Jillian	Anger Management 12:00-1:00 Chris	Advanced Recovery 12:00-1:00 Massiah	Stress Management 12:00-1:00 Lauren	Men's 12:00-1:00 Massiah	Women's 12:00-1:00 Allison	Living Sober 12:00-1:00 Jillian
1:00	Toxicologies 1:00-1:30 Jillian	Process 1:00-2:00 Rick	Coping Skills 1:00-2:00 Rick	Toxicologies 1:00-1:30 Allison		Toxicologies 1:00-1:30 Jillian	
	Family Systems 1:15-2:15 Lauren						
2:00		Toxicologies 2:00-2:30 Rick	Toxicologies 2:00-2:30 Allison	Yoga 2:00-3:00			
3:00			Dual Diagnosis 3:00-4:00pm Rick	<u>No late arrivals</u> <u>will be accommodated.</u> <i>All clients should plan to arrive 10-15 min before group starts</i>			
4:00							
5:30	Process 5:30-6:30pm Jillian	Process 5:30-6:30pm Rick		Process 5:30-6:30pm Rick			
6:00			Process 6:00-7:00pm Rick				