

The Virtual 4th Annual Primary Care & Hospital Medicine Innovations Symposium

Thursday, May 27, 2021 | 9:00–3:00pm EST
via **Zoom**



Follow us on Facebook & Twitter

@WCMGIM

Program

9:00–9:30am

Opening Remarks

Fred N. Pelzman, MD

Associate Professor of Clinical Medicine
Medical Director, Weill Cornell Internal Medicine Associates,
General Internal Medicine
Joan and Sanford I. Weill Department of Medicine

Augustine M.K. Choi, MD

Stephen and Suzanne Weiss Dean
Weill Cornell Medicine
Provost for Medical Affairs, Cornell University

Judy Tung, MD

Associate Professor of Clinical Medicine
Chief, Section of Adult Internal Medicine, General Internal Medicine
Joan and Sanford I. Weill Department of Medicine

9:30–10:30am

Keynote Speaker

“Supporting Patients and Practices to Enhance Disease Management In Primary Care”

Andrea L. Cherrington, MD

Professor, Division of Preventive Medicine
University of Alabama at Birmingham

10:30–11:30am

Keynote Speaker

“Healthcare’s Digital Revolution: (Finally) A Time for Optimism”

Robert M. Wachter, MD

Professor and Chair, Department of Medicine
University of California, San Francisco

11:30am–12:00pm

Panel Discussion with Keynote Speakers
led by **Monika Safford, MD**

*Reflections on Primary Care & Hospital
Medicine In the Current State*

12:00–1:30pm

Lunch & Poster Session

Boxed lunches will be available in
Hospital Medicine (Starr 5) | WCIMA (4th floor) |
LMH 156 William Street (6th floor)

*limited availability

1:30–2:15pm

Primary Care Innovation Program
Competitive Seed Grant Awardees 2019–2020

Lauren Balkan, MD

“DASHing Toward Simple Dietary Interventions to Prevent Heart Failure”

Rachel Friedlander, MD and Sophie Mou, MD

“Assessing Attitudes Comfort and Knowledge In Learners Before and After a Reproductive and Sexual Health Curriculum”

Adrienne Clermont, MS3

“Dietary Salt Intake as a Risk Factor for Hypertension In Haiti”

2:15–2:45pm

Top 2 Oral Abstract Session

Justin Lee, MS3 | Mentor: Monika Safford, MD

“Whispering Stroke’ May Be Very Common In Southeastern African Americans with Uncontrolled High Blood Pressure”

Dianne Lumaquin, MD/PhD Student

Mentors: Kelly Cummings, MD and Tessa Del Carmen, MD

“COVID-19 Vaccination Outreach for Older Adults In an Outpatient Geriatrics Clinic”

Abstract winners will be presented with an honorarium

2:45–3:00pm

Closing Remarks & Raffle Drawing

Monika M. Safford, MD

John J. Kuiper Professor of Medicine
Chief, General Internal Medicine
Joan and Sanford I. Weill Department of Medicine

A full list of all abstracts and posters will be available on our website, please visit:

careinnovation.weill.cornell.edu

Our Speakers



Andrea L. Cherrington, MD is a Professor of Medicine at the University of Alabama Birmingham (UAB) in Birmingham, AL. She earned her MPH and participated in the Robert Wood Johnson Clinical Scholars' Program at the University of North Carolina-

Chapel Hill after completing residency in Internal Medicine at UAB in 2003. In 2006, she returned to UAB where her research has focused on developing, implementing and evaluating community-based interventions for chronic disease prevention and management in high risk and under-resourced communities, with an increasing emphasis on linking those interventions to health systems. She directs the UAB Program in Clinical and Population Health Science as well as the Intervention and Translation Core of the UAB Diabetes Research Center and is involved in several projects that seek to advance methods of community-based intervention delivery by combining peer support models with multi-component, technology-assisted support systems.



Robert M. Wachter, MD is Professor and Chair of the Department of Medicine at the University of California, San Francisco (UCSF). He is author of 300 articles and 6 books. He coined the term "hospitalist" in 1996 and is often considered the "father" of the hospitalist

field, the fastest growing medical specialty in U.S. history. He is past president of the Society of Hospital Medicine and past chair of the American Board of Internal Medicine. He has written two books on safety and quality, including *Understanding Patient Safety*, the world's top selling safety primer. His 2015 book, *The Digital Doctor: Hope, Hype and Harm at the Dawn of Medicine's Computer Age*, was a New York Times science bestseller.



Fred N. Pelzman, MD is an Associate Professor of Clinical Medicine in the Division of General Internal Medicine. He serves as the Medical Director for the Weill Cornell Internal Medicine Associates, and practices General Adult Internal Medicine. Dr. Pelzman

directs the ambulatory educational curriculum for medical house officers, and is the recipient of numerous awards for excellence in teaching. Additionally, Dr. Pelzman is the co-director of the Weill Cornell Primary Care Innovation program and writes an online column about transforming our national healthcare system.



Augustine M.K. Choi, MD is the Stephen and Suzanne Weiss Dean of Weill Cornell Medicine and Provost for Medical Affairs of Cornell University. He has a longstanding commitment to the training of physician-scientists. His research

interest has focused on the regulation and function of stress response genes in response to oxidative stress. He has translated the two decades of basic discoveries made in the signaling pathway and function of HO/CO to human patients with lung and vascular diseases. His research team has recently completed 2 NIH supported Phase II clinical trials, in the treatment for human sepsis and lung fibrosis. Dr. Choi has authored more than 377 peer-reviewed manuscripts and is currently the Principal Investigator of multiple NIH ROI's.



Judy Tung, MD is the Associate Dean for Faculty Development and the Section Chief of Adult Internal Medicine in the Division of General Internal Medicine. A leading expert in General Internal Medicine, Dr. Tung has spoken nationally on innovative models of primary

care, including the Hospital Medical Home and the Ambulatory Teaching Practice. Additionally, she directs a college-wide faculty development course called the Leadership in Academic Medicine Program (LAMP). Dr. Tung's life's work is the cultivation of individuals to their highest potential.



Monika M. Safford, MD is a clinician-scientist with clinical expertise in preventive healthcare, treatment of acute and chronic illness, and the coordination of care for those with complex diseases. Dr. Safford has served as Chief of General Internal

Medicine at Weill Cornell Medicine since January 2016. Her research program focuses on health equity in cardiovascular diseases, and includes clinical epidemiology as well as stakeholder-engaged implementation trials in vulnerable populations. With more than 260 papers published in top tier journals, she is an expert in patient-centered research on diabetes, cardiovascular epidemiology and prevention, and health disparities.



Lauren Balkan, MD is a current third year resident in Internal Medicine at Weill Cornell and a rising Chief Medicine Resident. She plans on pursuing a career in Cardiology with an interest in advanced heart failure. Her research has focused on the relationships between patient lifestyle factors and risk of developing heart failure.



Rachel Friedlander, MD is a Weill Cornell Medicine graduate, class of 2021. She is a rising first-year Obstetrics and Gynecology resident at McGaw Medical Center of Northwestern University. She received her BA in Philosophy-Neuroscience-Psychology from Washington

University in St. Louis in 2016. Her academic interests include medical education, high-risk obstetrics, sexual medicine, and health equity.



Sophie Mou, MD is a recent graduate of Weill Cornell Medical College, soon to be an intern at the University of California San Francisco Family and Community Medicine residency. She has been working on the reproductive and sexual health curriculum

since her first year of medical school, and she is grateful to the Division of General Internal Medicine for helping cultivate her interest in medical education and primary care.



Adrienne Clermont, MS3 graduated from Princeton University in 2009 with a BA from the School of Public and International Affairs. Following graduation, she worked for the UN World Food Programme in West Africa and several international NGOs in the

Middle East. In 2015, she completed her MSPH in nutrition and international health at the Johns Hopkins Bloomberg School of Public Health, which included thesis research in Haiti. She subsequently worked as a researcher at the Johns Hopkins Bloomberg School of Public Health, before completing a postbac at Johns Hopkins and beginning medical school at Weill Cornell in 2018. She will graduate with her MD in 2022 and hopes to practice medicine abroad after completing her residency training.

Expand Your Expertise & Training in General Internal Medicine

General Internal Medicine Research Fellowship

- Train general internists for academic careers in primary care, hospital medicine, and health services research
- Uniquely designed to deepen trainees' understanding of healthcare, local and international healthcare delivery systems, epidemiology of disease, and interventions to improve health outcomes
- Two- to three-year fellowship will provide trainees with the skills to design and conduct patient-centered and health systems research and prepare them for NIH K-award submissions by the end of the program

Hospital Medicine Clinical Point of Care Ultrasound Fellowship

- One-year fellowship designed to achieve proficiency in basic and advanced point of care ultrasound
- Obtain national certification in both basic and advanced point of care ultrasound
- Gain experience in organizing and leading a monthly educational conference in POCUS
- Participate in POCUS research with the goal of presenting results at a national meeting
- Participants will be hired as hospital medicine faculty upon completion of fellowship

Integrative Health and Wellbeing Fellowship

- Two-year fellowship designed to offer comprehensive education and hands-on experience in the field of Integrative Medicine
- Includes clinical teaching and experience in the field, participation in interdisciplinary clinical discussions, and mentorship of medical students and residents
- Fellows will receive mentorship to develop and complete a clinical, research, and/or educational project
- Fully recognized by the American Board of Integrative Medicine

Learn more about our
fellowship programs by
scanning the QR code:



#ProudtobeGIM

*Sponsored by the Primary Care Innovation Program,
Weill Cornell Medicine Psychiatry, and Pelzman Foundation*

careinnovation.weill.cornell.edu