Dear Faculty:

We are thrilled to launch **Group Peer Mentoring (GPM)**, a faculty development program for Weill Cornell faculty that will run from September 2022-June 2023. Facilitated Group Peer Mentoring has been shown in the literature to lead to career advancement, improve physician vitality, and have benefits in the realms of diversity, equity, and inclusion. We will have opportunities for faculty from a variety of career paths to join a peer mentoring group, including early and mid-career **researchers**, **clinician-educators**, and leaders in medical education.

In this program, participants will:

- Participate in 6 faculty development workshops from September 2022 June 2023
- Meet with peers for 30-60 minutes between sessions to collaborate on structured exercises
- Develop both short- and long-term career visions aligned with core values
- Create individually designed plans for personal and professional development
- Engage in mentoring and leadership skills related to diversity, equity and inclusion
- Gain enhanced meaning in work within a scholarly community

Please find below the dates for the four peer mentoring groups for this academic year. We are planning for sessions to be in person at Weill Cornell Medicine, with the possibility of a hybrid format with some virtual sessions. Faculty may apply for more than one group but can be placed in at most one group for the 2022-2023 academic year, as space permits. To apply, faculty must commit to attending all 6 sessions. The program is being offered free of charge thanks to generous sponsorship from the Dean's Office and the Department of Medicine.

Early Career Researchers (WCM, All Departments)

September 12: 12-4 PM October 17: 2-4 PM December 5: 2-4 PM January 9: 2-4 PM March 3: 2-4 PM May 5: 2-4 PM

Early and Mid-Career Clinical Faculty (WCM, All Departments)

September 28: 1-5 PM October 26: 3-5 PM December 21: 3-5 PM January 18: 3-5 PM March 8: 3-5 PM May 10 3-5 PM

Leaders in Medical Education (WCM, All Departments)

September 9: 12:30-4:30 PM October 21: 2:30-4:30 PM December 15: 2:30-4:30 PM January 26: 2:30-4:30 PM March 16: 2:30-4:30 PM May 4: 2:30-4:30 PM

Early and Mid-Career Faculty (WCM, Department of Medicine)

September 9: 2-6 PM October 18: 4-6 PM December 6: 4-6 PM January 17: 4-6 PM February 28: 4-6 PM May 9: 4-6 PM

All early and mid-career faculty as above are encouraged to apply. Groups are open to faculty regardless of gender, race, ethnicity, age, disability, sexual orientation, gender identity or expression, or national origin.

To apply, please complete this application by July 1, 2022, at 5pm EST.

For questions, please contact <u>Bria Stevenson</u>, <u>MS</u>, Administrative Assistant for Hospital Medicine, or visit our <u>website</u>.

Sincerely,

Kimberly Bloom-Feshbach, MD and Swana DeGijsel, MD Co-Directors, Weill Cornell Group Peer Mentoring Program

Testimonials from prior faculty participants in Group Peer Mentoring:

"Peer mentoring has broadened my perspective to include new directions. The group has helped me to be more adventurous because I've felt support and encouragement to try new things."

"It's done a lot to combat imposter syndrome and has given me the confidence to pursue projects with enjoyment rather than fear. Since...participating in the group, I've applied for and was awarded a grant, have reached out to leadership more than I ever have for guidance and support, and have had the foresight and ability to pare down on projects that were not serving me."

"Peer mentoring is incredibly valuable. It helped me to remember my values and how to align my career with those values."

"I've found fostering more meaningful and engaging relationships with my colleagues to be amazingly impactful on my joy and experience at work...peer mentorship also allows you to ask the challenging questions, not solely about your career but about your life status as well"

"It's been a remarkably positive aspect of my work and meaningfulness in the workplace"