



Employee Assistance Program

For your convenience and privacy the **EAPC** is located off hospital grounds.

You can easily find the **EAPC** at:
409 East 60th Street,
Room 3-305 New York, NY
10022

If you have questions, are in need of a referral, or would like to schedule an appointment with one of your **EAPC** counselors,

Call: (212) 746-5890
Fax: (212) 746-8586
E-mail: EAPC@med.cornell.edu
Or visit: www.youreapc.us

EAPC

Employee Assistance Program Consortium
Free, professional, confidential counseling
For you and your dependents.

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EMPLOYEE ASSISTANCE PROGRAM CONSORTIUM

Free, professional and totally
confidential counseling.





EAPC

The Employee Assistance Program offers free, professional, confidential short-term counseling, and referrals for a broad range of issues. Employees and family members are eligible to use the service at no cost.



The **EAPC** is staffed by licensed clinical social workers and consulting psychiatrists. We offer individual, couples and family counseling, and referrals for longer-term and specialized treatment and community-based services.

The **EAPC** staff can assist you with both everyday problems and crisis situations. We can help you understand and address:

- Work and school challenges
 - Relationship and family problems
 - Stress and anger management
 - Grief and loss
 - Domestic violence
 - Alcoholism and substance abuse
 - Parenting concerns
 - Eating disorders and body image issues
 - Coping with illness and health concerns
 - Legal and financial referrals
 - Personal growth and well-being
 - Coping with traumatic events
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Our Policy

The **EAPC** will protect your confidentiality

The purpose of an employee assistance program is to give employees the opportunity to help themselves cope with problems which are adversely affecting them. Employee confidence in the trustworthiness of the EAPC staff plays a key role in the program's success.

Your **EAPC** serves employees, spouses, partners and family members of::

- Hospital for Special Surgery
 - Memorial Sloan Kettering Cancer Center
 - The Rockefeller University
 - Weill Cornell Medicine
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Our counselors are available to assist you Monday through Friday from 9 am to 5 pm. For psychiatric emergencies, please call 911 or go to nearest emergency room. For urgent matters that can not wait until the next business day, call the EAPC to reach one of our therapists.



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