



# EAPC

## Employee Assistance Program Consortium

409 East 60th Street, Room 3-305  
New York, NY 10022

Telephone: (212) 746-5890  
Fax: (212) 746-8586

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[WWW.YOUREAPC.US](http://WWW.YOUREAPC.US)

# EMPLOYEE ASSISTANCE PROGRAM CONSORTIUM

FREE, PROFESSIONAL AND TOTALLY CONFIDENTIAL IN PERSON AND TELEMENTAL HEALTH COUNSELING.

For your convenience and privacy the EAPC is located off hospital grounds.

You can easily find the EAPC at 409 East 60th Street, Room 3-305 New York, NY 10022

If you have questions, are in need of a referral, or would like to schedule an appointment with one of your EAPC counselors,



Call: (212) 746-5890

Fax: (212) 746-8586

Email: [EAPC@med.cornell.edu](mailto:EAPC@med.cornell.edu)

or visit: [www.youreapc.us](http://www.youreapc.us)

# EAPC

The **Employee Assistance Program** offers free, professional, confidential short-term and telemental health counseling, and referrals for a broad range of issues.

## Telemental Health

Private video visit with a therapist from home, at work or on the go!

The **EAPC** is staffed by licensed clinical social workers and consulting psychiatrists. We offer individual, couples and family counseling, and referrals for longer-term and specialized treatment and community-based services.

The **EAPC** staff can assist you with both everyday problems and crisis situations. We can help you understand and address:

- **Work and school challenges**
- **Relationship and family problems**
- **Stress and anger management**
- **Grief and loss**
- **Domestic violence**
- **Alcoholism and substance abuse**
- **Parenting concerns**
- **Eating disorders and body image issues**
- **Coping with illness and health concerns**
- **Legal and financial referrals**
- **Personal growth and well-being**
- **Coping with traumatic events**

## Our Policy

The EAPC will protect your confidentiality. The purpose of an employee assistance program is to give employees the opportunity to help themselves cope with problems which are adversely affecting them. Employee confidence in the trustworthiness of the EAPC staff plays a key role in the program's success.



Your **EAPC** serves employees, spouses, partners and family members of:

- Hospital for Special Surgery
- Memorial Sloan Kettering Cancer Center
- The Rockefeller University
- Weill Cornell Medicine
- The Rogosin Institute

Our counselors are available to assist you Monday through Friday from 9 am to 5 pm.

We have an on call service for urgent after hour matters. Call: (212) 746-5890.

For psychiatric emergencies, please call 911 or go to nearest emergency room.