

## General Internal Medicine

# **NEWSLETTER**

January-March 2018

#### Research Mission Updates

Madeline Sterling, MD a Health Services Research Fellow, won the Fall 2017 American Heart Association (AHA) Young Investigator (YI) Research Seed Grant award for her study "Trends and Effect of Home Health Care (HHC) Referrals among Adults Discharged Home



after Heart Failure Hospitalizations: From the AHA-Get With The Guidelines-Heart Failure Registry (GWTG-HF)." This national competitive award funds one young investigator per cycle, providing statistical support and research and career mentorship from AHA-GWTG Program Leadership. The grant also supports travel to a National Scientific Conference to present the research results and journal publication expenses. The study will begin later this year.

### **Education Mission Updates**

The Primary Care residents rocked the **SGIM** acceptances! They have several posters, two oral presentations, and two interns who were selected for Young Scholar awards. Congrats! to **Mariella Ntamatungiro**, **Angela Condo**, **Elijah Douglass**, **Masha Jones**, **Kevin Liou**, **Liz Park**, **Melissa Rusli**, **Illana Prior**, **Colleen Tenan**, **Lauren Kelly**, **Brittney Frankel** and **Ryan Bober**.

Martin Shapiro, MD will be assisting medical students interested in health services and outcomes research to find mentors in the Medical Education Area of Concentration (AOC) program. He will connect these students with researchers like those in our division. One of our students is Anthony Finch, working on the Southeastern Collaboration study. Third year medical student Ilana Scandariato was awarded a \$5,000 Student Hospitalist Scholar Grant from the Society of Hospital Medicine to work on her AOC project under the mentorship of Ernie Esquivel, MD.

The **Primary Care Clerkship** is launching a NYP-Brooklyn Methodist track! Students will spend four clinical days with a group of motivated educators in primary care and ambulatory specialty practices in addition to the Urgent Care Center. The new OASIS clinical evaluation system for all medical school clerkships and sub-internships is up and running. Faculty and residents enter evaluations of medical students and receive reciprocal evaluations from students on clinical rotations. Automatic emails are sent out by OASIS when evaluations are assigned. The interface is easy to navigate. For more questions, please contact Primary Care Clerkship Director **Brian Eiss, MD** <a href="mailto:bme9001@med.cornell.edu">bme9001@med.cornell.edu</a> or Associate Director **Pamela Eliach, MD** <a href="mailto:pae9003@med.cornell.edu">pae9003@med.cornell.edu</a>.

## **Affinity Group Updates**

Evidence Based Medicine Affinity Group: has published in the NEJM, <u>Dual Antithrombotic Therapy with Dabigatran after PCI in Atrial</u> Fibrillation. For more information, please contact Amiran Baduashvili.

## Cornell Center for Health Equity (CCHEq)

The 2018 Cornell Tri-Campus Health Equity Symposium attracted more than 100 attendees on March 15<sup>th</sup> and 16<sup>th</sup>. Participants came from Weill Cornell Medicine, Cornell's Ithaca campus, Cornell Tech, New York-Presbyterian,



Hunter College, our Community Advisory Boards, and the New York City Department of Health Deputy Commissioner's office. Keynote speaker **David Satcher**, **MD** former US Surgeon General and Professor at Morehouse School of Medicine gave an inspirational address to mark the formal launch of the Center. Numerous trainees and GIM faculty gave presentations. Please visit our website and sign up to become a member to be included in notices about news and upcoming events at centerforhealthequity.cornell.edu.

## Patient Activated Learning System (PALS)

The PALS software development team deployed release 4 at the end of March. The team is working on content workflow and system portals. A focus group meeting was held with primary care providers at Weill Cornell Internal Medicine Associates to discuss a provider portal for upcoming sprints. All content on "Chlorthalidone" has been published to the site. For more information, please visit www.palsforhealth.com. We always welcome feedback!

## Primary Care Innovation (PCI) Program

**Parag Goyal, MD** was featured on the Primary Care Innovations website. To read his interview with Dr. Pelzman, click <u>here</u>. To learn more about our program, visit <u>careinnovation.weill.cornell.edu</u> or contact <u>Fred Pelzman</u>.

#### **Honors & Awards**

Amanda Carmel, MD was selected from a competitive pool to participate in the NYP Leadership Education and Development for Physicians (LEAD) program. The 18-month training program provides LEAD participants with the highest-yield components of an MBA and MHA, with additional teaching tailored to individual interests led by experts from nationally renowned educational institutions.

Ernie Esquivel, MD was elected to a 3-year term on the Council of the Clerkship Directors of Internal Medicine (CDIM) of the Alliance of Academic Internal Medicine. He will also be a keynote speaker at the Xiangya International Symposium on Medical Education in Changsha, China in April 2018. Dr. Ernie Esquivel will be delivering two talks at the national Society for Hospital Medicine 2018 meeting in Orlando, Florida on "Common Night Float Scenarios" and "Leveraging Emotional Intelligence to Achieve Future Success."

**Parag Goyal, MD** received a grant from the "Fan Fox and Leslie R. Samuels Foundation" which will support his new **Heart Failure with Preserved Ejection Fraction (HFpEF) Program**. This program will be dedicated to providing state-of-the-art clinical care to patients with

HFpEF, and will serve as a platform to improve our understanding of this complex condition. This will be the first program dedicated to HFpEF in the entire Northeast. Dr. Goyal intends to launch his program this spring—stay tuned for details on how to refer your patients to this unique program.

#### **Publications**

Joanna Bryan, MPH, Deanna Jannat-Khah, DrPH, and Renuka Gupta's, MD manuscript entitled, "Evaluating gaps in care of malnourished patients on general medicine floors in an acute care setting" was accepted for publication in *Nutrition in Clinical Practice*.

**Ernie Esquivel, MD** has completed a chapter on "Approach to Acute Kidney Injury" in the fourth edition of the textbook *Symptom to Diagnosis*.

Parag Goyal, MD published "At Your Service: Fewer Heart Failure Readmissions after Cardiology vs Hospitalist Care."

Mangala Rajan, MBA published "<u>Preliminary Evaluation of a Brief Autism Screener for Young Children."</u>

**Monika Safford, MD** had several publications during this period, click here.

Madeline Sterling, MD published, "Can our Patients Hear Us?";
"Hearing Loss Among Older Adults with Heart Failure in the United States"; and "Can your Patients with Heart Failure See?"
She also got a summary and comment in NEJM Journal Watch by Harlan Krumholz, click <a href="https://example.com/heart-summary-new-model">heart-summary-new-model</a>

#### **Announcements**

**#ProudtobeGIM** was a huge success! WCM GIM won an award from SGIM to sponsor our activities, which engaged faculty, fellows, residents, and medical students, and was featured on the Department of



Medicine website. The week's numerous activities included visiting professor **Kirsten Bibbins-Domingo**, **MD** of UCSF and a twitter chat. The week culminated in a moderated poster/networking event. Click here to read more.

We are proud to launch the **General Internal Medicine Internship** program, a new initiative, led by **Anita Mesi, MBA**. There is growing interest among students to work on the Division's numerous initiatives. An application link for interested student interns can be found on the right panel of the GIM <u>webpage</u>. Application is open until April 10<sup>th</sup>, 2018 for this summer session.

The Weill Cornell Center for Human Rights, led by co-directors, Thoman Kalman, MD and Joseph Shin, MD was featured in the WCM Magazine for their work on the student-run clinic aiding immigrants seeking asylum. To read more please click here.

**Joseph Shin, MD** has been documenting abuses and health disparities in the immigration detention system working with a coalition organized by *Human Rights First*. To read more, click <u>Article 1</u> and Article 2.

Judy Tung, MD and Keith Roach, MD were featured in NYP's Health Matters website: What you need to know about this year's flu.

**Drhuv Kullar, MD** was featured in the "40 under 40" leaders in health awards! To read more, click <u>here</u>.

**Vishwas Singh, MD** was featured in the New York-Presbyterian newsletter under "LEAD Spotlight", click <u>here</u> to read more.

ClinvestiGator is a web-based data collection system and a powerful tool for real-time reporting and analysis. The system was developed by James



**Hollenberg, MD**. To learn more about their services please visit <a href="https://www.clinvestigator.com">www.clinvestigator.com</a> or for inquiries email, inquire@clinvestiGator.com.

All GIM faculty and staff are encouraged to attend **meditation sessions** offered by the New York-Presbyterian Wellness program. Sessions take place Tuesdays from 12:30-1:00pm and 1:00-1:30pm in the Starr 560 conference room. Come and de-stress!



**Quality University** is hosting the Quality Improvement and Patient Safety Poster Session highlighting exciting projects conceived and led by medicine faculty, fellows, residents and medical students over the 2017-2018 academic year focusing on process improvement and clinical innovation to improve the care of *our* patients. This year, the poster session will be held on: Wednesday, May 23<sup>rd</sup> from 5-7pm, in Griffis Faculty Club.

Quality University- Department of Medicine advanced QI research program is entering its third year this fall with nine members including GIM's own **Alexis Vien**, **MD** and **Vishwas Singh**, **MD**. Congratulations! and we are looking forward to a ground-breaking year which includes physician faculty from two other departments and three nurse investigators.

**QU-DoM Grand Rounds**, which is Wednesday morning, May 23, 2018 at 8-9am in Uris Auditorium. Come and celebrate the achievements of our Class of 2018, which include GIM's **Laura Gingras, MD and George Bao, MD**. For more information about QIPS/QU, contact Deanna Jannat-Khah.



**Deanna Jannat-Khah, DrPH,** has transitioned to a new position as Quality Improvement and Patient Safety Regulatory Manager effective January 2018.

**Arta Habili, MA,** has transitioned to a new position as Marketing Manager effective January 2018.

**Ahd Fudl, BA**, PALS Content Developer, has been accepted into medical school! We thank Ahd for her contributions to the Division of General Internal Medicine.

**Krisha Mehta, BA**, Research Assistant, has been accepted into medical school. She would like to thank Dr. Parag Goyal for his mentorship. We thank Krisha for her contributions to the Division of General Internal Medicine.

**Maullika Dua, MPH**, got ENGAGED to Jai! Congratulations to the happy couple!



#### <u>Academic</u>

**Lilya Gershengoren, MD,** Clinical Psychiatrist at Weill Cornell Medicine Medical Associates (Part-Time)

#### Non-Academic

Kyler Nezin, BA, Video Design Specialist, PALS