

Research Mission Updates

Margaret McNairy, MD Assistant Professor of Medicine, Co-Director of GIM Global Health Fellowship, was awarded an R01 grant for \$3,181,945 for the period of 08/01/2018 – 06/30/2023 from the National Heart, Lung, and Blood Institute entitled “A Longitudinal Cohort Study to Evaluate Cardiovascular Risk Factors and Disease in Haiti.”



Laura Pinheiro, PhD Assistant Professor of Health Services Research in Medicine, was awarded a grant for \$502,851 for the period of 9/20/2018 – 4/30/2021 from the National Heart, Lung, and Blood Institute as a Diversity Supplement to **Dr. Lisa Kern’s** R01 grant on “Healthcare Fragmentation and Cardiovascular Outcomes.”

Parag Goyal, MD Assistant Professor of Medicine, was awarded a grant for \$200,000 from the American Heart Association for the period of 7/1/2018-6/30/2020 on his study, “Safety of Neurohormonal Antagonist Initiation among Older Adults Following a Heart Failure Hospitalization.” Dr. Goyal’s Pre-Career Award was renewed an additional year by Weill Department of Medicine for his study on, “Impact of Polypharmacy on Rehospitalization in Older Adults with Heart Failure.”

The **General Internal Medicine (GIM) Researchers** had their first annual retreat in July. The daylong retreat was successful in clarifying the groups’ diverse set of skills and knowledge and identifying GIM research priorities for short-term and long-term.

Education Mission Updates

With the new academic year in full swing, the **Primary Care Clerkship** leadership is working hard to reassess and revamp the didactic portion of the Clerkship. The team is collaborating with lecturers and session leaders to make didactic sessions more educationally valuable by adding interactive elements, using high yield preassigned readings and providing students with evidence based medicine management algorithms to serve as study aids for their final examination.

Through hard organizational work by the Clerkship Coordinator, **Kathryn Zhu, BA** and with positive feedback from students so far, they have refined the student experience in the emergency department by focusing on providing students with more clearly defined patient care roles and more continuity with individual attending preceptors. Similarly, they are collaborating with colleagues in Dermatology and other Primary Care specialty departments to improve the educational experience for primary care students at those clinical sites.

Cornell Center for Health Equity (CCHEq)

The Cornell Center for Health Equity (CCHEq) is delighted to announce the expansion of the Weill Cornell Health Services Research Training Program to include a **Health Equity Research Training Fellowship** funded through our new Health Resources and Services Administration (HRSA) sponsored Diversity Center of Excellence (CoE). To learn more about the fellowship click [here](#).

Join us! In celebrating **Susana Morales, MD**

Associate Professor of Clinical Medicine, Vice Chair of Diversity, Weill Department of Medicine, and her team on being awarded the Weill Cornell Disparities Center of Excellence four-year grant from HRSA. Reception will take place on October 12th at 3:30pm in Belfer Research Building 204A/B & Skylight Lounge for Wine & Cheese! More details, click [here](#).



Patient Activated Learning System (PALS)

Amanda Carmel, MD and her collaborators evaluated the impact of the Patient Activated Learning System (PALS) on improving knowledge acquisition, retention and medication decision-making among hypertensive adults. Dr. Carmel is currently submitting the manuscript describing the results of the pilot randomized controlled trial, which showed great promise for better knowledge acquisition for the PALS compared to WebMD.

Laura Gingras, MD Assistant Professor of Clinical Medicine has a new role as Director of Content Development for the Patient Activated Learning System (PALS).

Visit palsforhealth.com to learn more about the system. We always welcome feedback!

Primary Care Innovation (PCI) Program

The Primary Care Innovation 2018 seed grant proposals are under review. The committee of review is scheduled to meet October 10th to make their decision. Stay tuned! Visit careinnovation.weill.cornell.edu for more information.

Honors & Awards

The National Hispanic Health Foundation (NHHF) has selected **Susana Morales, MD** to receive the Hispanic Health Leadership Award at the 15th Annual Hispanic Health Professional Student Scholarship Gala on Thursday, November 29, 2018 at the Sheraton New York Times Square Hotel. The Hispanic Health Leadership Award is presented to outstanding individuals who have served insignificant leadership roles and have improved the health of Hispanics and other underserved populations.

Renuka Gupta, MD was selected as the 2018 Physician Partner by the NYP-WCM Department of Care Coordination/Social Work. This event recognizes staff along with a physician who partners with care coordination/social work department, as they strive to provide the highest quality care to our patients. Dr. Gupta will be honored during the awards ceremony on October 11, 2018 at 2:00pm in the Cayuga Conference Room.

Publications

Ramin Asgary, MD "[Cancer screening in the homeless population](#)"

Lisa Kern, MD "[Extent of Health Care Fragmentation in Different Payer Populations: Evidence from the Hudson Valley of New York](#)"

Lisa Kern, MD "[Fragmented Ambulatory Care and Subsequent Healthcare Utilization among Medicare Beneficiaries](#)"

Dhruv Khullar, MD "[Even as the U.S. grows more diverse, the medical profession is slow to follow](#)"

Samyukta Mullangi, MD "[The Soul of a Patient](#)"

Monika Safford, MD had several publications for this period. For a complete list of these publications click [here](#)

David Scales, MD "[Communicating against the current](#)"

Sanjai Sinha, MD "[What to Expect That You're Not Expecting – A Pilot Video Education Intervention to Improve Patient Self-Efficacy Surrounding Discharge Medication Barriers](#)"

Madeline Sterling, MD "[Home Care Workers and Heart Failure: A Systematic Review](#)"

Madeline Sterling, MD "[Let's Talk Numbers – A Qualitative Study of Community-dwelling US Adults to Understand the Role of Numeracy in the Management of Heart Failure](#)"

Announcements

Quality University - Department of Medicine has been rebranded for College-wide release as **Quality Improvement Academy-Weill Cornell Medicine!** Congratulations to the principal investigators of three QU-DoM projects that recently had manuscripts published: **Naina Gregory, MD, Renuka Gupta, MD, Jane Seley, DNP, Sanjai Sinha, MD, and Stephanie Tang, MD.** The Quality Improvement Academy is now approaching their third workshop with the current Class of 2019 that includes faculty from Hospital Medicine, Gastroenterology and Hepatology, Pediatrics, Emergency Medicine and three Nurse PIs. This October, applications for the fourth year of our program will be released college wide to include junior physician and nurse faculty in our Class of 2020! We encourage everyone to apply who has an idea for a quality improvement project. For more information, contact [Jennifer Lee, MD.](#)

Integrative Health and Wellbeing

program located in the David H. Koch Center now offers group classes for yoga, Pilates and mind-body meditation, with a special discounted rate for employees. Classes offered include Vinyasa Yoga, Revitalizing Flow Yoga, Restorative Yoga, Strength and Balance, Mat Pilates, Interval Cardio, Yoga for Those Living with Cancer, Mindfulness Meditation, and Mindfulness-Based Stress Reduction. For class schedule, discounted packages, fees or FAQs click [here](#) or email IntegrativeHealth@nyp.org.



Todd Cutler, MD was featured in the Weill Cornell Medicine Magazine on page 16 that discusses [‘Rhabdo’ on the Rise.](#)

Matthew McCarthy, MD has been appointed to Adjunct Associate Professor at the Macaulay Honors College at City University of New York. His undergraduate seminar "Issues in Medical Ethics" returns in January.

Meditation Sessions offered by the NewYork-Presbyterian Wellness program are available to all GIM faculty and staff. Sessions take place Tuesdays from 12:30-1:00pm and 1:00-1:30pm in the Starr 560 conference room. Come and relax!



Academic

Regina Lee, MD - Assistant Professor of Clinical Medicine, Adult Internal Medicine, Lower Manhattan Hospital

Jillian Cohen, MD - Instructor in Medicine, Integrative Health Fellow

Non-Academic

Birgit Sicheloff, ANP - Nurse Practitioner, Heart Failure with Preserved Ejection Fraction Program, WGC-8

Devon McCabe - WCIMA Nurse Practitioner, Weill Cornell Internal Medicine Associates, HT-4



Laura Gingras, MD was promoted to Assistant Professor of Clinical Medicine

Stasi Lubansky, DNP was promoted to Instructor of Education in Medicine

Farewell & Congratulations to **Carmen Checo** in her new role in the Department of Medicine!