

General Internal Medicine Newsletter



Message from Division Leadership

Welcome to fall! We are happy to share news of our activities, initiatives, and accomplishments over the past summer. As you will see, this has been another impressive quarter. If we missed something you did, please let us know and we will include it in the next quarterly newsletter. Keep up the great work!

-*Monika Safford, MD; Judy Tung, MD; Arthur Evans, MD*

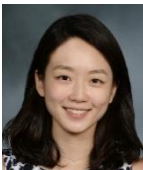
Research Updates

Madeline Sterling, MD, and **Nicola Dell, PhD**, associate professor at Cornell Tech were featured in the WCM newsroom for their Robert Wood Johnson Foundation grant to evaluate how information technology could be used to improve the quality of care provided by home health aides to people with heart failure. Read more [here](#).

Margaret McNairy, MD, received a \$200,000 grant from Resolve to Save Lives Foundation for her study *Implementation of National Primary-Care Hypertension Guidelines in Haiti*.

Education Mission Updates

The medicine clerkship welcomes new Associate Directors **Annie Aram Kim, MD**, and **Michael Torres, MD**. The medicine clerkship leadership is committed to fostering the development of each medical student and ensuring that learners achieve their goals while growing as physicians in a supportive learning environment. We also want to express our gratitude to **Sydney Katz, MD**, and **Laura Greisman, MD**, for their service as past associate program directors.



The Division created a program to focus on Faculty Development and Medical Education Innovation. **Alice Tang, MD**, will serve as the director of this program for the section of Hospital Medicine. In this new role, Dr. Tang aims to create an "Educational Think Tank," to innovate on best teaching practices amongst hospitalists and create opportunities for skills development through workshops, new rotation structures, and peer coaching. Dr. Tang's research

focuses on fostering feedback acceptance, so her programs will target building faculty coaching skills to promote a growth mindset and deliberate practice.

Keith Roach, MD, will serve as the director of this program for the section of Adult Internal Medicine. Dr. Roach has won numerous teaching awards and has a reputation for being a master of medical literature.

Cornell Center for Health Equity

We are pleased to announce that **Joseph Osborne, MD, PhD**, has joined the Cornell Center for Health Equity as director of NYC Investigator Development Core. Dr. Osborne is the chief of the Molecular Imaging and Therapeutics Service and the associate professor of Radiology at WCM. His long-term goal is to advance health equity, molecular imaging probe development and applied genomics research.



The Education Core of the Center, **Diversity Center of Excellence**, hosted several events this quarter. The Health Careers Conference hosted 15 Fordham University Science and Technology Entry Program students. WCM staff, medical students, residents, faculty, nurses, and physician assistants shared their professional trajectories and insight about their fields.

The **Make Your Match** program continues to increase the number of underrepresented minority students in our residency programs. The event was attended by over 100 medical students and numerous departments participated. The program included panels, one-on-one small group mentoring, networking, and workshops on the residency match and application process.



Save the Date for our annual Cornell Center for Health Equity Symposium: April 16-17, 2020. The symposium will be held in NYC this year in collaboration with the Sandra and Edward Meyer Cancer Center.

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Honors & Awards

Bryan Leppert, MD, and **Laura Greisman, MD,** received Dean's Awards for their excellence in teaching.

Drs. Pamela Charney, Brian Eiss, B. Robert Meyer, and **Luise Weinstein** received the House Staff Teaching Award at Commencement.

Joseph Shin, MD, received the 2018-2019 Excellence in Medical Education Award.

Publications

Justin Choi, MD, [Clinical Progress Note: Procalcitonin in the Diagnosis and Management of Community-Acquired Pneumonia in Hospitalized Adults](#)

Parag Goyal, MD, [Physician Perspectives on Deprescribing Cardiovascular Medications for Older Adults](#)

Lisa Kern, MD, [Changes in Ambulatory Utilization After Switching From Medicaid Fee-for-Service to Managed Care](#)

Dhruv Khullar, MD, [Building Trust in Health Care—Why, Where, and How](#)

Monika Safford, MD, had several publications during this period, click [here](#).

Madeline Sterling, MD, [Sharing the Care—A Patient and Her Caregivers](#)

Promotions

Margaret McNairy, MD, has been promoted to associate professor of Medicine on the Pathway of Academic Achievement and Scholarship effective July 1. The Division is excited about Dr. McNairy's accomplishments and look forward to her future achievements.

Drs. Ruijun Chen, Brett Fischer, Michael Torres Lizardi, Fangfei Zheng, Kathleen Walsh, Justin Kingery, Helene Strauss and **Elijah Douglas** have been promoted to assistant professors of Clinical Medicine.

Spread the Word

Joseph Shin, MD, presented in Geneva, Switzerland at the 41st Session of the United Nations Human



Rights Council and spoke on a panel on the health impacts for US asylum seekers and human rights abuses at the US border, read more [here](#). He also delivered a plenary lecture at the 14th Summer Institute on Migration and Global Health at the Berkeley School of Public Health titled *Human Rights and Medical-Legal Partnerships: Frameworks for Research and Advocacy*. View full program [here](#).

Matthew McCarthy, MD, gave Medicine Grand Rounds at University of California San Diego, University of California San Francisco, and Oregon Health and Sciences University with the talk titled *Stumped: A Novel Approach to Medical Ethics*. Dr. McCarthy also gave Critical Care Grand Rounds at Columbia University Medical Center on *Dalbavancin: A New Weapon to Treat MRSA*. He was also invited to present *Superbugs: The Race to Stop an Epidemic* at Massachusetts General Hospital, University of California Los Angeles, and the University of Tulsa-Oklahoma.

Susana Morales, MD, co-hosted the National Hispanic Medical Association New York City Chapter Policy Forum at WCM on Saturday, September 21. She was a panelist for *Moving Healthcare Upstream: Leadership Advancement, Transformation, and Success*.

Monika Safford, MD, gave Cardiology Grand Rounds at WCM on September 23 and spoke at Cornell University's MPH program in Ithaca, NY on September 25 on *Cardiovascular Disease Disparities in the 21st Century – Observations and Solutions*.

GIM participated in the **Third Avenue Fair** presented by WCM Division of Government & Community Affairs on September 15. The fair was a great opportunity for GIM to provide valuable information about our programs and initiatives to community residents and illustrious visitors.



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Quality Improvement Academy

On September 25, in light of World Patient Safety Day, **Quality**

Improvement Academy (QIA) hosted its first Grand Rounds speaker, **Albert W.**

Wu, MD, director of the Johns Hopkins Center for Health Services and Outcomes

Research and Professor of Health Policy and Management and Medicine. Dr. Wu's talk on "Healthcare = People Taking Care of People" addresses the need to recognize and provide support to healthcare workers involved in stressful events related to clinical care. Physicians are under-utilizers of existing resources. Over the next few months, the Quality Improvement and Patient Safety committee will be working on a proposal to create a system of support and outreach for our physician faculty across the department. Dr. Wu's talk is available [here](#).



Requests for applications for the **QIA's Class of 2021** will be released from the Dean's office in October. Over the past four years, QIA has supported 29 projects at Lower Manhattan Hospital and uptown WCM across six departments. We look forward to the opportunity to work with our junior faculty in GIM! If you have any questions, please feel free to reach out to qia-wcm@med.cornell.edu.

The GIM iHOPE Initiative

We created this initiative to respond to the Society of Hospital Medicine's iHOPE study's findings on eleven priority areas to improve the inpatient experience. Seven of the eleven focused on the hospital-to-home transition. We called for proposals addressing one of these seven priority areas and forming teams that included at least a hospitalist, an ambulatory faculty member, and a researcher. NYP heard of this initiative and asked each team to work with Peter Fleischt's group to support the projects. We are excited to share the winners:

Amanda Ramsdell, MD; *The Hospital to Home Transition for Adults who are Homeless*

Maya Hogg, MD; *Paramedic Telemedicine: A Bridge from Hospital Discharge to Outpatient Care*

Alexis Vein, MD; *The Dream Team Project: How Can the Care Team Best Coordinate Education about Medications at Discharge?*

Pamela Charney, MD; *Hospital-to-Home Transition: Improving the Discharge Medication List*

Sanjai Sinha, MD; *Improving the Hospital-to-Home Transition*

We look forward to learning about these projects over the next year. We hope that these teams will both improve patient care and learn lessons that others may find useful, taking full advantage of the talent in each of our Division's sections.

GIM Grand Rounds

GIM Grand Rounds takes place every first Thursday of the month. **Said Ibrahim, MD**, senior associate dean for diversity and inclusion and chief of the Division of Implementation Science in the Department of Healthcare Policy and Research spoke on August 1 about *Variations in the Use of Elective Surgery: The Role of Social Determinants of Health* and **Mark Weiner, MD**, assistant dean for Informatics spoke on September 5 about *Truth Versus Truthiness in Clinical Care and Research*. If you have ideas for speakers, please email Fred Pelzman, MD, or Jigar Contractor, MD.

Welcome to the Team!

Faculty

Brittany Katz, MD, Internal Medicine Chief Resident, Quality Improvement and Patient Safety

Anthony Lin, MD, Assistant Professor of Medicine, Ambulatory Internal Medicine-LMH

Maria Pabon, MD, Internal Medicine Chief Resident Staff

Assem Jabri, MD, Research Assistant

Mahad Musse, MD, Research Assistant

Sawida Worley, Administrative Specialist for QIA

Congratulations!

Wishing **Drs. Arthur Evans** and **Ingrid Hriljac** a lifetime of love and happiness!

