

General Internal Medicine Newsletter



Message from Division Leadership

Here's to 2024! As I look back and reflect on the past year, it is with a sense of humble pride to be part of a division that has continued to grow and expand upon WCM's tripartite mission to care, discover and teach. Because of each of you in GIM, the impact of our division's robust health services research portfolio, world-class clinical care and innovation initiatives, and opportunity to mentor and train the next generation continues to receive recognition, praise, and support. In 2023, our division not only encountered, but succeeded in responding to challenges inherent in health care, exciting leadership changes at the college, department and division level, and new opportunities to advance the myriad of goals that advance academic healthcare. In this edition of our quarterly newsletter, you will read about a host of faculty honors and accomplishments, updates on the growth of our programs and initiatives that span WCM's tripartite mission, and other points that I hope will reinforce your pride in being part of GIM and the WCM family. At the heart of GIM's forward momentum is our dedicated faculty and staff who make this possible. For that, I extend our profound appreciation for each of you for all that you do, and everything that is sure to come in the new year!

Blake Rambo, JD, MBA | Division Administrator

Education Updates

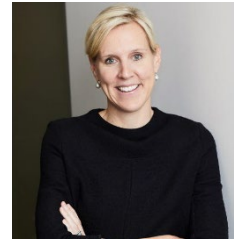
The **Ambulatory Care Clerkship** team wants to thank all preceptors, tutor group facilitators and our Site Directors for their hard work mentoring and educating the next generation of medical students as they rotate through this clerkship on their roads to becoming physicians with various specialties.

The clerkship is still looking for additional clinical preceptors who are interested in working with medical student clerks during their 4-week Ambulatory Care Clerkship. The most common approach is to host a student two half day sessions each week on the days that are most convenient for you. Please email

Clerkship Director [Dr. Brian Eiss](#), Associate Clerkship Director [Dr. Emily Taylor](#), or the Interim Clerkship Coordinator [Kathryn Zhu](#).

Research Updates

Margaret McNairy, MD, Associate Professor of Medicine, received a \$6.9M grant from the National Heart, Lung & Blood Institute for a study entitled "A longitudinal cohort study to evaluate cardiovascular risk factors and disease in Haiti – 2."



Cornell Center for Health Equity (CCHEq)

Join us at the 2024 Cornell Center for Health Equity Symposium, themed "Advancing Health Justice: Policy, Practice and Engagement" on April 11, 2024 to showcase your scholarly work in health equity! This symposium will inform our academic, community, and student members about the diverse research efforts ongoing across the campuses in the area of health equity, and stimulate discussions through face-to-face dialogue to kindle new and expanded research collaborations and community partnerships. Learn more about our poster session **call for abstracts [here](#)**. Abstract submission due date: January 31, 2024, at 5 p.m. ET

CCHEq Funding Opportunity | APPLY TODAY!

CCHEq is committed to supporting novel and innovative research, particularly projects focused on the relationship between structural racism and health outcomes. To that end, we annually offer one-year Pilot Project grants of up to \$50,000. Additionally, we support one-year Community Partnership Building Project grants of up to \$5,000 aimed at establishing or strengthening collaborative partnerships that will enable meaningful involvement of community stakeholders in health equity research.

[Pilot Project Grant \(\\$15k-\\$50k\)](#)

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Community Partnership Building Grant (\$5k)

The applications for both programs were released on December 1, with deadlines in February. Funded grants will start July 1, 2024.

The Center hosts a series of **Health Equity Seminars** on the first Friday of the month. Sessions are broadcasted via webinars for remote attendees. These colloquia are intended for Center members to share their work on various equity-focused and social justice issues and obtain multi-disciplinary input on works in progress. For a list of presentations and recordings for this quarter, please click [here](#). Join us at our next seminar on Friday, January 5, Dr. Monika Safford will give a talk on "The REasons for Geographic And Racial Differences in Stroke (REGARDS) cohort study: opportunities for health equity research", [register here](#).

Become a Member of the Cornell Center for Health Equity today! Find out more about funding opportunities and center activities by [completing a membership application!](#)

Quality Improvement Academy (QIA)

As QIA closes out the year, we are excited to announce we are now accepting applications for the Class of 2025. If you are interested in applying, [click here](#) for details on the program, application process, and terms of participation. Application deadline is **January 21, 2024**. To learn more about QIA and our initiatives, please visit us on [our website](#).

Appointments & Promotions

Effective December 1, 2023, the Division of General Internal Medicine is pleased to announce the promotion of **Madeline Sterling, MD**, to Associate Professor of Medicine. She began to focus her research on the lived experience of heart failure patients, demonstrating that many had



substantial hearing and vision impairment, further increasing reliance on their home health aides for tasks like reading food labels or interpreting written recommendations from healthcare professionals. Her reports were published in high impact journals and demonstrated a key attribute of all her work: she has a true gift for engaging investigators and community partners as collaborators in her research. We are excited about Dr. Sterling's accomplishments and promotion to Associate Professor of Medicine and look forward to her future achievements at Weill Cornell Medicine.

Matthew McCarthy, MD, is transitioning to NYP-Queens Hospital to assume new roles as Vice Chief of Inpatient Clinical Operations for the Department of Medicine and Chief of the Division of Hospital Medicine effective January 2, 2023.



Honors & Awards

Arnab Ghosh, MD, Assistant Professor of Medicine, was appointed a National Institute for Health Climate and Health scholar, one of seven from around the country to help lead climate change efforts at the NIH. Read more [here!](#)

Publications

Arthur Evans, MD [How much magnesium sulfate is needed to "keep total serum magnesium above 2.0 mg/dL"?](#)

Iris Navarro-Millan, MD [Healthcare disparities: patients' perspectives on barriers to joint replacement](#)
Laura Pinheiro, PhD, [Adverse Social Determinants of Health and Gaps in Care Coordination Among Children](#)
Matthew McCarthy, MD [Higher-Dose Fluvoxamine and Time to Sustained Recovery in Outpatients With COVID-19: The ACTIV-6 Randomized Clinical Trial](#)

Matthew McCarthy, MD [The ACTIV-6 Stakeholder Advisory Committee: A model for virtual engagement in](#)

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[decentralized clinical trials. Journal of Clinical and Translational Science](#)

Matthew McCarthy, MD [ACTIV-1 Study Team. Infliximab Concentrations in Participants with Moderate to Severe COVID-19](#)

Matthew McCarthy, MD [Intravenous immunoglobulin as a potential treatment for long COVID](#)

Monika Safford, MD, had several publications during this period; click [here](#)

David Scales, MD [Drug Use and Artificial Intelligence: Weighing Concerns and Possibilities for Prevention](#)

Madeline Sterling, MD [Factors Associated with Mortality and Hospice Use Among Medicare Beneficiaries With Heart Failure Who Received Home Health Services](#)

GIM Grand Rounds

GIM Grand Rounds takes place every first Thursday of the month. **Adam Rodman, MD**, presented on October 5, 2023, on *Medicine, the Mind, and the Machine: The Ouroboros of Clinical Reasoning and Artificial Intelligence*, **Jianying Hu, MD**, presented on November 2, 2023, on *AI for Healthcare and Life Sciences: Accelerated Discovery*, and **Jared Honigman, DO**, presented on December 7, 2023, on *Point of Care Ultrasound for the Internist*.

Spread the Word

Michelle Loy, MD, Assistant Professor for Integrative Health and Wellbeing, presented at the AAP NCE 2023 (Culinary Medicine: Using Food for Physical, Mental and Environmental Health) on Friday, October 20, 2023.

Michelle Loy, MD was also featured on Contemporary Pediatrics for *How culinary knowledge can impact physical, mental and environmental health*. Click [here](#) to watch!

Welcome to the Team!

Faculty:

Sonya Davey, MD, Clinical Instructor in Medicine at HM
Fabrizio Toscano, MD, Primary Care Physician at the AIM/LMH practice, Assistant Professor of Clinical Medicine

Staff:

Sahai Douglas, GIM Administrative Specialist
Sara Gorman, Research Coordinator for Dr. Scales
Sierra Winner, Research Coordinator for Dr. Phillips

Congratulations!

Caroline Zeng has been promoted to Senior Research Assistant

Cisco Espinosa has been promoted to Assistant Research Coordinator

Deborah Ofosu has been promoted to Assistant Research Coordinator

Melissa Yanez has been promoted to Senior Research Assistant

Noelia Hernandez Cruz has been promoted to Assistant Research Coordinator

Farewell!

Yfrenia Henriquez Tavera, Research Program Manager for Dr. Sterling

Akua Sarkodee, Financial Administrator