



Inside General Internal Medicine

October 2024

News & insights from across the Division of General Internal Medicine - share your latest research and faculty/staff updates with proudtobegin@med.cornell.edu.



Notables

Commendation for Exemplary Service to the Medicine Clerkship

Mentorship is a key component of academic medicine. We extend our gratitude to [Drs. Ezra Gabbay, Elaine Gee, William Levine, and Charlton Tsai](#) for recently receiving the Commendation for Exemplary Service to the Medicine Clerkship. Through their passionate involvement in OSCEs, tutor groups, and lectures, they transform the clerkship into a profoundly impactful journey. We take great pride in recognizing their outstanding contributions with this honor.

Dr. Margaret (Molly) McNairy Named NAM Emerging Leader in Health and Medicine



[Dr. Margaret \(Molly\) McNairy](#), an associate professor of medicine in the Division of General Internal Medicine at Weill Cornell Medicine, has been selected as an Emerging Leader in Health and Medicine (ELHM) Scholar by the National Academy of Medicine.

Launched in 2016, the ELHM program annually selects early- and mid-career professionals who have demonstrated leadership and professional achievement in biomedical science, population health, health care and related fields. Scholars serve a three-year term and benefit from mentorship, collaboration and innovation opportunities with their class, as well as with NAM members and leaders across various fields.

[Read more](#)

Dr. Margaret "Molly" McNairy

Lower Manhattan Hospital Launch: Housing Navigation Consultation Program



Lower Manhattan Hospital, in collaboration with [NYP's Community and Population Health division](#), has launched a Housing Navigation Consultation program. A specialized housing social worker will assist unhoused patients in achieving their housing goals and accessing resources upon admission. [Dr. Amanda Ramsdell](#) is the MD champion for this initiative.

Dr. Amanda Ramsdell

Honors & Awards

Drs. Andrea Card & Kimberly Bloom-Feshbach Awarded Grant for Serious Illness Communication Curriculum



[Drs. Andrea Card](#) and [Kimberly Bloom-Feshbach](#) are co-investigators and received the LHS and Health Justice Research and Training Award from the [Dalio Center for Health Justice](#) and the [EQUIP Center for Learning Health System Science](#) for a project to design a community-engaged, culturally responsive, serious illness communication curriculum and evaluation tool.

Drs. Andrea Card and Kimberly Bloom-Feshbach

Dr. Bryan Leppert Joins CDIM Program Planning Committee



[Dr. Bryan Leppert](#) has been accepted to the [Clerkship Directors of Internal Medicine \(CDIM\)](#) Program Planning Committee for the [Alliance for Academic Internal Medicine \(AAIM\)](#) and will serve a three-year term through July 2027. The committee is responsible for organizing the CDIM Track of the annual Academic Internal Medicine Week (AIMW), including reviewing workshop and poster submissions, selecting plenary speakers, and scheduling networking activities.

Dr. Bryan Leppert

Dr. David Scales, One of The 3 GIM Faculty Honored with 2024 Faculty Awards



[Drs. David Scales](#), [Bryan Leppert](#), and [Andrea Card](#) were among the 16 exemplary faculty named to the [2024 Faculty Awards - The Senior List Excellence in Teaching](#) award for clinicians! This award highlights his outstanding commitment to teaching and mentorship in the clinical setting.

Dr. David Scales

Program Updates

Addiction Medicine

Weill Cornell Medical Center was chosen as a pilot site for the National Academy of Medicine's [Action Collaborative on Combatting Substance Use and Opioid Crises](#).

[Dr. Amanda Ramsdell](#) is leading a [Core Competency Implementation Pilot Project](#) amongst 16 implementation sites across the United States. In partnership with the Action Collaborative, the sites will work towards advancing substance use care, workforce competency, and inter-professional education and practice by implementing the Action Collaborative's [3Cs Framework for Pain and Unhealthy Substance Use](#), released in 2022.

Class of 2025 Projects – [Quality Improvement Academy](#)

[Dr. Cecilia Nicol, MD](#) – Medicine/General Internal Medicine

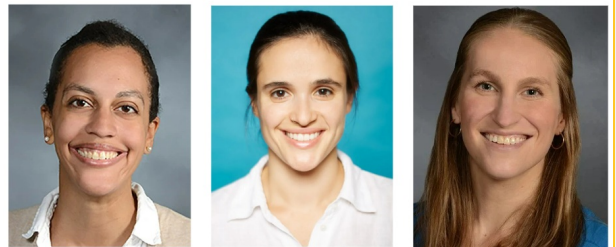
- Project: Using Point-of-Care HA1c Measurements to Improve Diabetes Control Among Black and Hispanic Patients at WCIMA.

[Dr. Stephanie Sirna, MD](#) – Medicine/General Internal Medicine & [Bryan Keane, RN](#) – NYP-Department of Nursing

- Project: Rapid Response Team: A Standardized Approach.

[Dr. Maeve Ward, MD](#) – Medicine/General Internal Medicine (Hospital Medicine)

- Project: Improving Utilization of Medication-Assisted Therapy for Patients with Opioid Use Disorder on the Hospital Medicine Service Using New Opioid Withdrawal Guidelines.



Drs. Cecilia Nicol, Stephanie Sirna, and Maeve Ward

Patient Activated Learning System (PALS) - Communication Course

For the second year, the [PALS](#) is partnering with the Public Health Communication Course (VTPEH 6184) for Fall 2024. Four Cornell MPH students are collaborating with GIM physician-scientists to create health education articles on Diabetes. This includes reviewing literature, synthesizing articles for healthcare professionals, and developing patient-facing materials at a 6th-grade reading level, complete with visuals, soundbites, and assessment questions.



To learn more or join the PALS effort, please contact [Elizabeth Baquero](#).

Expansion of the Weill Cornell Health Equity Research Internship

The Weill Cornell Health Equity Research internship offers CUNY Hunter College undergraduate and graduate students exposure to career opportunities in General Internal Medicine and academic medicine. Launched in January 2024 with three students, the program has now expanded to include four students this fall, each paired with a faculty mentor focused on health equity. Thank you to the faculty mentors, [Drs. Monika Safford](#), [Laura Pinheiro](#), and [Erica Phillips](#).

To learn more, please contact [Grace Figuereo](#).

Qualitative Research Basics Course by Dr. Sarah Young

[Dr. Sarah Young](#) has leveraged her expertise in qualitative research and created a 6-week course designed for GIM research faculty and staff!

With the course fully enrolled, Dr. Young is excited to bring a comprehensive curriculum covering qualitative methods, innovative data collection techniques, software-driven data analysis, and effective strategies for disseminating research findings. This dynamic program not only fosters knowledge but also encourages collaboration and practical application in the field of qualitative research.



Dr. Sarah Young

Announcements

Dr. Amanda Ramsdell Takes the Lead in Department of Health and Mental Hygiene Overdose to Action Initiative

[Dr. Amanda Ramsdell](#) is continuing Dr. Alexis Vien's efforts as a [Department of Health and Mental Hygiene \(DOHMH\)](#) systems champion for the Overdose to Action Initiative. This initiative aims to enhance low-barrier substance use care and reduce opioid overdoses, in collaboration with champions from Mt. Sinai Hospital and Northwell.

For more information about the committee, please email [Dr. Amanda Ramsdell](#).

New WCM Medical Student Health Equity Elective



A new four-week hybrid course (MEDC 8187) is available to students focused on addressing health disparities and improving access to health information through the Patient Activated Learning System (PALS). Students will review peer-reviewed literature, learn to communicate complex medical information at a 6th-grade reading level, and apply educational theories to enhance patient education and promote health equity. They will also survey clinic patients for feedback on health articles and revise them based on Qualtrics data. [Dr. Monika Safford](#) is the faculty sponsor. For more information, please email [Elizabeth Baquero](#).

Upcoming Events

- Spread the word! [Introduction to HM-POCUS Course](#) specifically useful for attendings, residents, and mid-level providers (PAs, NPs) – Course dates from February 3rd – 7th, 2025.
- Save the date! [8th Annual Primary Care & Hospital Medicine Innovation Symposium](#) on April 24, 2025, at Belfer Research Building, 3rd floor, from 8:00 am to 1:30 pm.

Research Awards

Dr. Lisa Kern has received funding from the National Institute of Aging for a project titled "Understanding Ambulatory Care Utilization in Alzheimer's Disease and Related Dementias (ACUA)" in the amount of **\$4.1 million**.

Dr. Parag Goyal has received funding from the National Institute of Aging for a project titled "Post-Acute Care Medication Use and Functional Recovery in Heart Failure" in the amount of **\$3.17 million**.

Drs. Monika Safford and **Ro-Jay Reid** have received funding from the National Heart, Lung, and Blood Institute for a research supplement to Dr. Safford's R01 to support Dr. Reid's early career development for a project titled "Reasons for Geographic And Racial Differences in Stroke-Myocardial Infarction-4 (REGARDS-MI-4)" in the amount of **\$241,538**.

Dr. Ro-Jay Reid has received three grants:

- He has received funding from Downstate Health Sciences University and the Primary Care Innovations Program for a project titled "Painful Disparities: Unveiling the Impact of Social Factors on Chronic Pain and Cardiovascular Health" in the amount of **\$100,000**.
- He has also received internal funding from MasterCard Research Assistance for Primary Patients (RAPP) in the amount of **\$100,000**.

Dr. Erica Philips has received an administrative diversity supplement from the National Institute of Diabetes and Digestive and Kidney Diseases on her previously funded project titled "Reducing Obesity Using Social Ties (ROBUST)" in the amount of **\$161,758**. The diversity supplement will support **graduate student Anika Lewis**.

Dr. Arnab Ghosh has received internal funding from MasterCard Research Assistance for Primary Patients (RAPP) in the amount of **\$50,000**.

Dr. Alice Tang has received funding from the Institute for Primary Care Innovations for a project titled "Developing Faculty Champions for Growth Mindset & Deliberate Practice" in the amount of **\$25,000**.

Publications

Explore the latest **publications** from our GIM faculty! Discover their exciting contributions to the field and stay informed about their impactful research!



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