

IT'S TIME TO

OVERCOME

ALCOHOL AND SUBSTANCE ABUSE



*The JOAN AND SANFORD I. WEILL MEDICAL -
COLLEGE OF CORNELL UNIVERSITY -*

**MIDTOWN CENTER FOR
TREATMENT AND RESEARCH**

IT STARTS HERE.

*By picking up this pamphlet,
by reading it now,
by making the choice to
learn more — you're getting
on the path to helping yourself
or a loved one overcome
the grip of addiction to
drugs, alcohol or
prescription medication.*

The Midtown Center is a leading edge, cost effective, community based ambulatory center. We work with a variety of insurers including Medicaid, Aetna and Blue Cross/Blue Shield. We also work with other health insurance companies that offer out of network benefits, and we offer sliding scale arrangements to qualifying clients.

**CONTACT US
TODAY**



T: 212-764-5178

E: info@midtowntreatmentcenter.org

WE'RE IN THIS TOGETHER

We are a team of psychiatrists, psychologists, social workers and certified substance abuse counselors with a variety of expert academic specialties.

- Part of one of the world's most prestigious medical colleges
- Access to the latest research on effective therapeutic interventions
- Trained in cutting-edge, evidence-based techniques

WITH PROGRAMS JUST FOR YOU

Our programs are customized for each client based on where he or she is in the recovery process. Our therapies help clients develop coping skills necessary for managing substance abuse triggers and for achieving long-term sobriety as well as for managing stress, anxiety, anger, improving physiological health and strengthening the mind-body connection.

Each experience begins with a comprehensive intake assessment, and clients attend treatment two to five days per week depending on needs. Treatment schedules include a combination of:

- Individual Counseling
- Group Counseling
- Family, Marriage, or Partner Counseling
- Psychiatric Treatment
- Drug Testing
- Buprenorphine/Suboxone Treatment

FOR PROFESSIONAL NEEDS

Our programs are also responsive to the needs of working professionals. Clients work with our experts to design their own treatment plan, which may include group counseling, individual counseling, and psychiatric consultation. In addition to learning the skills necessary for recovery, treatment helps clients explore how to achieve a healthier work/life balance.

FOR PERSONAL NEEDS

To facilitate long-term recovery, family members and significant others are encouraged to participate in their own treatment processes. This treatment modality places emphasis on education and communication, and it allows clients and their loved ones to begin healing from familial/partner stresses related to alcoholism and addiction.

PROVIDING COMPLETE SUPPORT

We also offer a Buprenorphine/Suboxone program to support individuals who are dependent on opiates (prescription pain killers, heroin, methadone) and who will benefit from outpatient detoxification or maintenance. This approach enables individuals to transition from substance abuse to a treatment program leading to abstinence.

LET'S DO THIS.

Clients with substance abuse concerns may be self-referred or referred by corporate, medical, legal or rehabilitation providers including DWI and family court mandates and employee assistance programs (EAP). Clients also include the significant others of substance abusers whose lives are negatively impacted by their loved ones' addictions.

CONTACT US TODAY

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Located in midtown Manhattan, between Times Square and Grand Central Station.

We are easily accessible by car and public transit:

- Subway – 1, 2, 3, 4, 5, 6, 7, B, D, F, V, N, R, Q,
- Metro North
- LIRR
- Port Authority-NJ Transit
- PATH

We are a proud to partner with Headstrong Project
in providing alcohol and substance abuse
treatment for OIF/OEF combat veterans.



getheadstrong.org



Midtown Center for Treatment and Research

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To learn more or to make a referral

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www.midtowntreatmentcenter.org